

City of Milpitas Volunteer Partners Program

457 E. Calaveras Blvd., Milpitas, CA 95035 Phone (408) 586-3207 Fax (408) 942-2472 TDD (408) 942-2478

Walking Club Volunteer Leader

One position

Purpose To provide a structured fitness that is beneficial to all ages

RESPONSIBILITIES Lead the Great Strides walking club for one hour.

Able to direct other members in stretching exercises.

Walk at any desired pace.

QUALIFICATIONS Reliable, self-motivated individual who works well with minimal

supervision.

Enjoy working with other people. Own transportation is a must.

Training Provided Meet with supervisor to determine assignment and increase

understanding of responsibilities.

TIME COMMITMENT Monday and Wednesday 8:30am-9:30am

Location Great Mall of the Bay Area, 1210 Great Mall Drive.

BENEFITS Opportunity for a scheduled workout routine while meeting new

people. Encourage others to lead a healthy lifestyle.

REPORT TO Aaron Bueno, Program Coordinator

DATE POSTED August 2001